

# Client History

(This form to be completed at initial session)

CD <input type="checkbox"/>	Self-Hypnosis <input type="checkbox"/>	Green/Red <input type="checkbox"/>
Esdaile <input type="checkbox"/>	Ultra-Height <input type="checkbox"/>	Other <input type="checkbox"/>

Date: \_\_\_\_\_ Details: \_\_\_\_\_

First Name: \_\_\_\_\_ Name: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ ZIP: \_\_\_\_\_

Phone: \_\_\_\_\_ Mobile Phone: \_\_\_\_\_

Email: \_\_\_\_\_ Website: \_\_\_\_\_

Date of birth: \_\_\_\_\_ Sex: female  male

Marital Status: \_\_\_\_\_ # Children: \_\_\_\_\_

Occupation: \_\_\_\_\_ Religion? \_\_\_\_\_

Parents: \_\_\_\_\_ # brothers/sisters: \_\_\_\_\_

Specific information about family, childhood, youth, marriage, partnership, sexuality:  
\_\_\_\_\_  
\_\_\_\_\_

Alcohol/Drugs a problem? Yes  What/How much/Why? \_\_\_\_\_ No

Smoking? Yes  No  Sleep / Relaxation: good  normal  bad

How did you hear about us? \_\_\_\_\_

Has anyone ever attempted to hypnotize you? Yes  No

Who: \_\_\_\_\_ Reason: \_\_\_\_\_

Do you believe you were hypnotized? Yes  No  Don't know

Why? \_\_\_\_\_

## Medical History

Have you been under a Dr.'s care in the past years? (emotionally/mentally or physically)?

Yes  No  If yes, please give the reason: \_\_\_\_\_

\_\_\_\_\_ Dr.'s Name: \_\_\_\_\_

Have you had any prolonged illness? Yes  No  When? \_\_\_\_\_

Reason: \_\_\_\_\_

Have you been treated for? Heart: \_\_\_\_\_ Diabetes: \_\_\_\_\_ Epilepsy: \_\_\_\_\_

Are you currently taking any medication? Yes  No  If so what? \_\_\_\_\_

\_\_\_\_\_ Reason for medication? \_\_\_\_\_